SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY

SAULT STE. MARIE, ONTARIO

Sault College

COURSE OUTLINE

COURSE TITLE: THEORY I

CODE NO. : PSW101   **SEMESTER:** 1

PROGRAM: PERSONAL SUPPORT WORKER

AUTHOR: FAYE SMEDLEY

DATE: FEB/2000   **PREVIOUS OUTLINE DATED:** SEPT/99

APPROVED:

_____   _____

                           DEAN   **DATE**

TOTAL CREDITS: 12

PREREQUISITE(S): NONE

LENGTH OF   **TOTAL CREDIT HOURS:**   84
COURSE: 7 WEEKS   **TOTAL COURSE HOURS:**   90

COURSE NAME   **CODE #**

I.   COURSE DESCRIPTION:

In this course you will learn about the health care system and the roles of its members. You will learn about legalities, rights and responsibilities of the consumers and the health care provider. You will learn how the normal process of aging affects a person's life style. You will explore the process that admits the consumer to the health care system. You will learn how you as a Personal Support Worker or Personal Attendant can provide and promote support for your consumer. Group functioning will be part of your learning along with acquiring skills to promote interpersonal relationships, and methods to resolve conflict and solve problems.

You will acquire skills to maintain an environment that is safe from injury, illness or death.

II.   PROGRAM OUTCOMES:

1. Care for consumers respecting their individuality, culture, independence, interdependence, and their legal rights.
2. Maintain the role of a Personal Support Worker / Personal Attendant while providing care.
3. Utilize effective communication skills to maintain supportive relationships.
4. Respond to abuse.
5. Provide a safe and comfortable environment.
6. Effectively assist consumers with routine activities of living.

III.   LEARNING OUTCOMES:

1. Describe the effect of health and stress on a person's life style.
2. Identify the health care system its members, and the services they provide.
3. Describe the consumer as an individual and as a member of a family.
4. Identify the basic needs of all individuals.
5. Describe the process of growth and development
6. Describe the role of the Personal Support Worker / Personal Attendant as a member of the health care team.
7. Explain the rights and responsibilities of the consumer and the PSW / PA.
8. Identify the basic legal issues involved in health care.
9. Determine the affect of culture on individuals and their families.
10. Promote effective working relationships with family members.
11. Describe the normal aging process as it affects physical, psychological, social and spiritual dimensions of the whole person.
12. Explore how the consumer enters the health care system for admission to a facility or to a home care program.
13. Provide optimum support during care.
14. Effectively interact with consumers, their families and visitors to promote a therapeutic relationship.
15. Apply the problem solving process to solve problems and resolve conflicts.
16. Identify personal abilities or skills that promote positive functioning.
17. Describe personal and environmental risk factors that increase the risks of accidents in a home and in health care facilities.
18. Implement measures to reduce injuries in the home and health care facilities.
19. Identify the common causes of fires in the home, and health care facilities.
20. Apply actions to take in the event of a fire in the home or in a health care facility.

III. LEARNING OUTCOMES:

21. Recall information pertaining to the Occupation Health and Safety Act and WHMIS training and recognize their relationship to safety in the environment.
22. Identify safety precautions in an environment where oxygen is in use.
23. Describe the importance of having an identified Disaster Plan in a health care facility.
24. Apply common principles of medical asepsis to prevent infection.
25. Differentiate between pathogens and non-pathogens.
26. Identify the methods by which microorganisms are spread in the environment.
27. Identify aseptic measures a PSW / PA should practice in to prevent the spread of microorganisms.
28. Actively promote comfort measures while giving care.
29. Practice safe body mechanics while giving care.
30. Report accidents and accurately complete Incident Reports.

IV. TOPICS:

1. Health
2. Stress
3. Health Care system
4. Roles of health care team members
5. Maslow's hierarchy of needs
6. Erikson's theory of growth and development
7. Legal issues as they relate to the health care
8. Rights and responsibilities of consumers
9. Culture
10. Family structure, relationships
11. Illness and disability
12. Aging process
13. Admission process to a facility or community agency
14. Teaching learning
15. Therapeutic communication skills
16. Barriers to therapeutic communication skills
17. Problem solving
18. Conflict resolution
19. Safety hazards in homes and health care facilities
20. Safety measures
21. Incident reports
22. WHMIS
23. Disaster Plan in a health care facility
24. Medical asepsis
25. Oxygen hazards and safety measures

V. REQUIRED RESOURCES/TEXTS/MATERIALS:

1. Resource Text
2. Module 1, Unit 2
3. Telephone Book
4. Ministry of Health Office
5. Newspaper articles
6. Magazines
7. Community Cultural Centers
8. Community Religion Centers or Churches
9. Video "Don't take my Sunshine away - National Film Board
   John Street, Toronto, Ontario
10. Video - Louise Tandy Murch
11. Video on conflict resolution
12. Video - Mr. Nobody
13. Module - Health Care System
14. Local Fire Department
15. Video - Do You Know WHMIS?

VI. EVALUATION PROCESS/GRADING SYSTEM:

2 tests one after the completion of each module.

Test number 1 after completion of Units 1 - 8	20%
Test number 2 after completion of Units 9 - 12	20 %
Assignments	30%
Group Activities	15%
Attendance	15%

Evaluation Process for Web Based Course:

2 tests one after the completion of each module.

Test number 1 after completion of Units 1 - 8	25%
Test number 2 after completion of Units 9 - 12	25 %
Electronic Journal Assignments	35%
Discussions with Group or "Study Buddy"	15%

The following semester grades will be assigned to students in postsecondary courses:

Grade	Definition	Grade Point Equivalent
A+	90 - 100%	4.00
A	80 - 89%	3.75
B	70 - 79%	3.00
C	60 - 69%	2.00
R (Repeat)	59% or below	0.00
CR (Credit)	Credit for diploma requirements has been awarded.	
S	Satisfactory achievement in field placement or non-graded subject areas.	
U	Unsatisfactory achievement in field placement or non-graded subject areas.	
X	A temporary grade. This is used in limited situations with extenuating circumstances giving a student additional time to complete the requirements for a course (see *Policies & Procedures Manual – Deferred Grades and Make-up*).	
NR	Grade not reported to Registrar's office. This is used to facilitate transcript preparation when, for extenuating circumstances, it has been impossible for the faculty member to report grades.	

VII. SPECIAL NOTES:

Special Needs:
If you are a student with special needs (e.g. physical limitations, visual impairments, hearing impairments, or learning disabilities), you are encouraged to discuss required accommodations with your instructor and/or the Special Needs office. Visit Room E1204 or call Extension 493, 717, or 491 so that support services can be arranged for you.

Retention of course outlines:
It is the responsibility of the student to retain all course outlines for possible future use in acquiring advanced standing at other postsecondary institutions.

Plagiarism:
Students should refer to the definition of "academic dishonesty" in *Student Rights and Responsibilities*. Students who engage in "academic dishonesty" will receive an automatic failure for that submission and/or such other penalty, up to and including expulsion from the course/program, as may be decided by the professor/dean. In order to protect students from inadvertent plagiarism, to protect the copyright of the material referenced, and to credit the author of the material, it is the policy of the department to employ a documentation format for referencing source material.

Course outline amendments:
The Professor reserves the right to change the information contained in this course outline depending on the needs of the learner and the availability of resources.

Substitute course information is available in the Registrar's office.

VIII. **PRIOR LEARNING ASSESSMENT:**

Students who wish to apply for advanced credit in the course should consult the instructor. Credit for prior learning will be given upon successful completion of the following:

IX. **DIRECT CREDIT TRANSFERS:**

Students who wish to apply for direct credit transfer (advanced standing) should obtain a direct credit transfer form from the Dean's secretary. Students will be required to provide a transcript and course outline related to the course in question.